



District 11 Governor,
Karen Pati

Welcome to 2015/16!

Let's start with some inspirational ideas. These speak to the importance of taking care of self, AND of giving; an important balance.

From 212° the Extra Degree by Sam Parker: "At 211 degrees

water is hot, at 212 it boils...and with boiling water comes steam...and with steam you can power a train. Applying one extra degree of temperature to water means the difference between something that is simply hot and something that generates enough force to power a machine – a beautifully uncomplicated metaphor that ideally should feed our every endeavor..."

From Thrive by Arianna Huffington: "The better people are at taking care of themselves, the more effective they'll be in taking care of others, including their families...communities, and their fellow citizens. When you're on an airplane you're told to "secure your own mask first before helping others", even your own child. After all, it's not easy to help somebody else breathe easier if you're fighting for air yourself." I also enjoy her analogy about how often we recharge our cell phones vs. how often we think about recharging ourselves.

How can you shift that paradigm? A few deep breathes each time you use a charger? A straightening of your posture, a short meditation? Please take care of yourself.

Voices against Violence: Clubs are strongly encouraged to pursue service in this area. Details in the link below. Please keep your Area Director apprised of any projects. <http://www.zonta.org/Portals/0/PDFs/New%20PDFs/Voices-Against-Violence-Guidelines.pdf>

A special welcome to new D11 officers & new Club officers. I want to 'publicly' thank you for agreeing to step up to leadership, **"Thank you!"**

At the district level please welcome Dolores Osborne-Hensley as Vice Area Director, Area 1; Nancy Lawrence as Vice Area Director Area 6; and Yvette Ingraham as Foundation Ambassador.

There are many great tools that can help in achieving our mission, including those in the following links. As a new leader review the specifics to your new position, and save these as 'favorites' so you can easily refer to them as needed. I sure do! Also, watch for new club officer training Webinars in August. Details TBA.

<http://www.zonta.org/MemberResources/Manuals.aspx> houses the Club, District, and ALL NEW Marion de Forest Membership Manual amongst others.

<http://zonta-district11.org/resources.html> Links to several club tools including the President Resources.

Plea for District Leaders: Speaking of stepping up to leadership, we have a few District opportunities for this last year of the biennium: Vice Area Directors for Areas 4 & 5, a Webmaster in Training or a Web Assistant; and Chair for the Amelia Earhart Committee. Please let your Area Director know if you are qualified, interested and available.

The Jane M. Klausman award process is now in full gear. **Clubs must submit their qualified applicant, electronically, to Lou Armesto at zontalou@comcast.net or klausman@zonta-district11.org by July 1.** Mailed applicants will not be accepted.

Award winners! The D11 Young Women in Public Affairs Committee, chaired by Cherrylee Pinder, has selected Eileen Meccay Nimmer as 2015 District Winner. She is a high school Senior with a

4.6 GPA and Z-Club President. In the Status of Women section she states: "Knowledge is power...I mentor young women, locally and in the state, to 'own' their future and advocate for themselves. I know that my work may be the start of something greater in them that will grow to impact women everywhere... By exposing young girls early to business principals, cultural biases / inaccuracies, opportunities for young women in America and world wide, I believe we will allow them time to internalize their knowledge, and to grow a positive 'can do' perception of the their future. *I have just begun my future.*"

Wow. I think she read 212° the extra degree.

D11 is again the host district to two ZI Amelia Earhart Fellowships recipients. This year ZI received 145 applications, as the AE Fellowship is highly sought by women from all around the world. Our recipients are Lin Li, studying Aerospace Engineering at the Georgia Institute of Technology and Sanna Siddiqui, studying Mechanical Engineering at the University of Central Florida.

New Club Formation: Preliminary work is being done on chartering new clubs in Cape Coral, FL and Greenville, SC. There is also interest in forming a District e-club. On Monday evening, June 22, we will have a Conference call to discuss and plan next steps. The conference call will begin at 5:00pm CT/6:00pm ET. Conference Dial-in Number: (760) 569-0100, Access Code: 363282# anyone interested, is invited to join the call.

Advocacy: Because they felt that Zontians all over District 11 were aware of issues of violence against women, e.g. domestic violence and human trafficking, the Advocacy committee, so ably led by

Betty Houbion, dug deeper to find an epidemic of on-campus violence against women at American colleges and universities. As part of this research, they also found the newly released independent



documentary film, The Hunting Ground, the work of Kirby Dick and Diane Rosenfeld.

We urged District 11 Zontians to see the film despite limited distribution. Actual cases of sexual violence occurring on campuses in Tallahassee (FSU), and UNC were featured, along with campuses all over the U.S. Student efforts to counter sexual violence through on-campus education were highlighted, including 2 young women who traveled on their own to universities all over the U.S. This effort included awareness, signs to watch for, self-protection, and advocacy with women students of colleges, universities, and even high schools.

We want our members to meet with campus / school safety personnel and town / city public safety directors, to interview them about their citizen / student safety policies, to support their efforts and to publish in the Club newsletters and on web sites.

RAINN's "It's On Us!" is a great resource for this endeavor, review and consider joining: <https://www.rainn.org/its-on-us-take-action>.

We welcome stories of your endeavors and successes in halting violence against women in our communities.

Area Meetings: Many thanks to all who hosted, helped and participated in this year's meetings. Together we donated over 1,600 bras plus funds to Free the Girls. We learned about "More Effective Meetings", Leadership, and the great work being done through the ZI Foundation, which you generously supported with cash donations. "Thank you!"

District Bed Sheet Fundraiser: Over 40 sheet sets have been ordered, raising \$848 for the District operating fund. We will continue the sale through the October Conference. Beginning in June, any club with an order of 15 or more sets, will receive a free set to donate to a service partner. Details are on the District website home page, 2nd slide, where you can download the color chart and order forms.

Spotlight on Action: Criminal Domestic Violence Bill signed in South Carolina

A Criminal Domestic Violence bill was signed into law by Governor Nikki Haley on June 4, 2015, for the State of South Carolina. Zonta Columbia Club President Marion Watson, with Pam Heller and Martha Ann Williams, attended the bill signing, representing the seven Zonta Clubs of South Carolina.



The Charleston Post and Courier opened the door on domestic violence in a Pulitzer series of stories. South Carolina had just been ranked second in the nation for murder by domestic violence. Their Pulitzer prize-winning series generated a heightened awareness among state legislators. Zontians worked in their communities to provide legislators with relevant information on this issue. Betty Houbion, Myrtle Beach Club, Judy Barnes, Columbia Club, Hilton Head Island Club and Charleston Club, and the other Zonta Clubs of SC, worked with their legislators and on the newly formed Governor's Task Force demonstrating Zonta's support and stance on the domestic violence issue in our state. The seven clubs in a unified voice produced a Zonta SC position paper on domestic violence, to create a multiplier effect among their communities across the State. The most important driving force has been the solidarity of ordinary citizens who raise their voices based on an unyielding commitment to this cause of Empowering Women through Service and Advocacy.

District Conference: Please save the date and join us for an educational and uplifting experience. Now is the time to start planning your fundraiser for the Zonta store. Proceeds can be used to offset attendee expenses, or otherwise support your club budget. Watch for details.

66th Annual District 11 Conference
Fort Lauderdale, Florida
October 9th-11th, 2015



Take a Stand in the Sand!

Nominating Committee: Calling all Zontians, we are looking for our next biennium's leaders! Is that you? Someone in your club? Someone you met at an Area meeting? Email or contact the members of the nominating committee or we will reach out to them for you. Email –

zontaemail@earthlink.net or call or text – (843) 446-1175. Let that person know you think s/he would make a terrific leader. Follow the link for more Information about each district office and a nominating form:

<http://zonta-district11.org/districttools.html>

Anniversaries: Congratulations to the following clubs on their anniversaries:

Zonta Club of Tampa - 75 years of service
Zonta Club of Mobile - 50 years of service
Zonta Club of Tallahassee - 30 years of service
Zonta Club of Marathon - 25 years of service